



**RELISSA®**  
MELISSA INDENA PHYTOSOME®

## KEEP CALM & RELISSA® SLEEP WELL AND LIVE BETTER

### BETTER DAYS START WITH GOOD NIGHTS: CLINICAL EVIDENCE OF A VIRTUOUS CYCLE

Relissa® creates all the conditions for a more serene life 24/7, leveraging Indena Phytosome® technology to optimize the health benefits of *Melissa officinalis*. In addition to its proven dose-response beneficial action in balancing moods and contrasting stress generated during the day, new clinical evidence confirms its positive impact also on the amount and quality of sleep, thanks to its action in the modulation of  $\gamma$ -aminobutyric acid transaminase (GABA-T) activity. Not to mention, it's all made with strong commitment to sustainability, in a certified ISO 14001 and ISO 45001 plant where CO<sub>2</sub> emissions are reduced, the energy transition is underway, and occupational health and safety are a priority. This makes Relissa® your new ally, melatonin-free solution, for relaxation and peaceful sleep: proved by science and approved by nature.

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RELISSA®



 **indena®**

SCIENCE IS OUR NATURE. SINCE 1921

These statements may not comply with your country's laws and regulations or with Reg. EC n. 1924/2006 and have not been evaluated by the Food and Drug Administration. The products are not intended to diagnose, treat, cure or prevent any disease. Marketers of finished products containing this ingredient are responsible for ensuring compliance with the applicable legal framework.